

Note 1: EFC Core Curriculum competences

Only the un-shaded competencies are required for a basic course.

1. Basic skills

1.1	Understand the development of cervical neoplasia	
1.2	History taking	
1.3	Positioning of patient	
1.4	Insertion of vaginal speculum	
1.5	Perform cervical sampling (including Cytobrush)	
1.6	Perform bacteriological swabs	
1.7	Take samples for HPV testing	
1.8	Practise complies with health and safety recommendations	
1.9	Understand National Cervical Screening Guidelines	
1.10	Understand European Cervical Screening Guidelines	

2. Colposcopic examination

2.1	Position and adjust the colposcope	
2.2	Identify squamo-columnar junction	
2.3	Correctly assign type of transformation zone in accordance with IFCPC classification	
2.4	Recognise abnormal vascular patterns	
2.5	Examination of TZ with acetic acid	
2.6	Quantify and describe acetic acid changes	
2.7	Use endocervical speculum	
2.8	Schiller's Test	
2.9	Examination of vagina	
2.10	Examination of vulva	

3. Colposcopic features of the normal cervix

3.1	Recognise original squamous epithelium	
3.2	Recognise columnar epithelium	
3.3	Recognise metaplastic epithelium	
3.4	Recognise Congenital Transformation Zone	
3.5	Recognize the effects of pregnancy	
3.6	Recognise features of a postmenopausal cervix	

4. Colposcopic features of the abnormal lower genital tract

4.1	Grade 1 (minor) colposcopic changes	
4.2	Grade 2 (major) colposcopic changes	
4.3	Features suggestive of invasion	
4.4	VaIN	
4.5	VIN	
4.6	Extent of abnormal epithelium	
4.7	Acute inflammatory changes	
4.8	Recognise condyloma	
4.9	Changes associated with prior treatment	
4.10	Benign cervical polyps	

5. Practical Procedures

5.1	Local analgesia	
5.2	Determine where to take directed biopsies	
5.3	Perform directed cervical biopsies	
5.4	Perform directed vaginal biopsies	
5.5	Perform directed vulval biopsies	
5.6	Control bleeding from biopsy sites	

6. Administration

6.1	Document findings	
6.2	Manage patients within guidelines	

7. Communication

7.1	Answer questions about management	
7.2	Provide adequate information prior to colposcopy	
7.3	Obtain informed consent correctly	
7.4	Provide adequate information after colposcopy	
7.5	Break bad news	
7.6	Communicate with other health professionals	
7.7	Share relevant data with health information systems	

Please Note: The grey shaded competencies are NOT required for a basic colposcopy course.