



**EUROPEAN
FEDERATION
FOR COLPOSCOPY**

5th Satellite Meeting and Training the Trainers

Hotel Pullman Brussels centre Midi

15th December 2017

Training the Trainers

16th December 2017

5th EFC Satellite Meeting





EUROPEAN
FEDERATION
FOR COLPOSCOPY



Training the Trainers

Dr Xavier Carcopino

Chair Education Committee of EFC



European Federation for Colposcopy
and Pathology of the Lower Genital Tract

EFC CERTIFICATION OF COLPOSCOPY COURSES

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Conflict of interest: None

EFC website: <https://efcolposcopy.eu>



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Courses-and-approvals

European Federation For Colposcopy -
[Courses-and-approvals](#)

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From June 2014 EFC will approve basic courses which meet the EFC criteria. The new criteria for advanced courses is ONLINE and in the future EFC will be setting the national training programmes. EFC will only approve courses which have been approved by the national society in the country where the course is to be held. The application fee to apply for EFC approvals is 100,00 Euro. The approval will be for a duration of 3 years. (If the course does not meet the criteria and is not approved the fee of 100,00 Euro is not refundable.)

Please submit the completed application form to: Xavier Carcopino - xcarco@free.fr

EFC Basic Colposcopy Course Approval Criteria

Criterion	Check
Content: based on the EFC Core Curriculum (see note 1)	
Duration: at least 360 minutes (not including breaks)	
Certificate: will use EFC format	
Post-course Evaluation: will use EFC evaluation form (see note 2)	

- [Note 1 >> download PDF](#)
- [Note 2 >> download PDF](#)
- [Basic Course - Programme-Example >> download PDF](#)
- [Application form \(The application has to be done in English\) >> download PDF](#)

NEW EFC Advanced Colposcopy Course Criteria

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EFC basic colposcopy course approval criteria

<https://efcolposcopy.eu/courses-and-approvals/>

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EFC Core Curriculum competences

<https://efcolposcopy.eu/wp-content/uploads/2016/09/Note-1.pdf>

1. Basic skills

1.1	Understand the development of cervical neoplasia	
1.2	History taking	
1.3	Positioning of patient	
1.4	Insertion of vaginal speculum	
1.5	Perform cervical sampling (including Cytobrush)	
1.6	Perform bacteriological swabs	
1.7	Take samples for HPV testing	
1.8	Practise complies with health and safety recommendations	
1.9	Understand National Cervical Screening Guidelines	
1.10	Understand European Cervical Screening Guidelines	

2. Colposcopic examination

2.1	Position and adjust the colposcope	
2.2	Identify squamo-columnar junction	
2.3	Correctly assign type of transformation zone in accordance with IFCPC classification	
2.4	Recognise abnormal vascular patterns	
2.5	Examination of TZ with acetic acid	
2.6	Quantify and describe acetic acid changes	
2.7	Use endocervical speculum	
2.8	Schiller's Test	
2.9	Examination of vagina	
2.10	Examination of vulva	

EFC Core Curriculum competences

<https://efcolposcopy.eu/wp-content/uploads/2016/09/Note-1.pdf>

3. Colposcopic features of the normal cervix

3.1	Recognise original squamous epithelium	
3.2	Recognise columnar epithelium	
3.3	Recognise metaplastic epithelium	
3.4	Recognise Congenital Transformation Zone	
3.5	Recognize the effects of pregnancy	
3.6	Recognise features of a postmenopausal cervix	

4. Colposcopic features of the abnormal lower genital tract

4.1	Grade 1 (minor) colposcopic changes	
4.2	Grade 2 (major) colposcopic changes	
4.3	Features suggestive of invasion	
4.4	VaIN	
4.5	VIN	
4.6	Extent of abnormal epithelium	
4.7	Acute inflammatory changes	
4.8	Recognise condyloma	
4.9	Changes associated with prior treatment	
4.10	Benign cervical polyyps	

EFC Core Curriculum competences

<https://efcolposcopy.eu/wp-content/uploads/2016/09/Note-1.pdf>

5. Practical Procedures

5.1	Local analgesia	
5.2	Determine where to take directed biopsies	
5.3	Perform directed cervical biopsies	
5.4	Perform directed vaginal biopsies	
5.5	Perform directed vulval biopsies	
5.6	Control bleeding from biopsy sites	

6. Administration

6.1	Document findings	
6.2	Manage patients within guidelines	

7. Communication

7.1	Answer questions about management	
7.2	Provide adequate information prior to colposcopy	
7.3	Obtain informed consent correctly	
7.4	Provide adequate information after colposcopy	
7.5	Break bad news	
7.6	Communicate with other health professionals	
7.7	Share relevant data with health information systems	

EFC ADVANCED COLPOSCOPY COURSE

https://efcolposcopy.eu/wp-content/uploads/2016/11/EFC-Advanced-colposcopy-course-criteria-301016_PN_CR_SL.pdf

Aim:

- content should be relevant to senior and expert colposcopists

Objectives:

- reinforce basic concepts
- provide information and discussion on different cases
- discuss introduction and content of QA
- provide information on recent development
- provide information how to train in colposcopy

EFC ADVANCED COLPOSCOPY COURSE

https://efcolposcopy.eu/wp-content/uploads/2016/11/EFC-Advanced-colposcopy-course-criteria-301016_PN_CR_SL.pdf

Process:

- Lecture based with good opportunities for interaction and discussion

Administration:

- EFC approved advanced colposcopy course.
- Local organizer is responsible for the administration of the course and test, including the content and marking

EFC ADVANCED COLPOSCOPY COURSE

https://efcolposcopy.eu/wp-content/uploads/2016/11/EFC-Advanced-colposcopy-course-criteria-301016_PN_CR_SL.pdf

2 days, 6 + 6 hours, excluding breaks

Day 1

- Basic science 2 h
- Cases 2 h
- Management 2 h

Day 2

- Cases 1,5 h
- Management 2,5 h
- Quality assurance 1,5 h
- Training 0,5 h
- Course assessment

FEE

- 100 € fee for approval per course, if repeated as such, 100 € per year
- If the Course has EFC officers as teachers, 20 € per course participant/trainee will be paid to EFC

EFC BASIC COURSE EVALUATION FORM

<https://efcolposcopy.eu/wp-content/uploads/2016/09/Note-2.pdf>

	1	2	3	4	5
	Very poor	Satisfactory	Good	Very good	Excellent
Venue					
Organisation of course					
Content of course					
Quality of lectures					
Relevance to training needs					

APPLICATION FORM

<https://efcolposcopy.eu/wp-content/uploads/2017/06/Application-to-approve-a-Colposcopy-Basic-Course-by-the-EFC.pdf>



Application to approve a Colposcopy Basic Course by the EFC
(This application form needs to be done in English and send to: Dr Carcopino, xcarco@free.fr)

Member Country :
(EFC will only approve courses organized by the national societies)

Name of the submitting person:

E-mail address of the submitting person:

- Content:based on the EFC Core Curriculum (see note 1) Yes
- Duration:at least 360 minutes (not including breaks) Yes
- Post-course Evaluation:will use EFC evaluation form (see note 2) Yes
- Programme attached Yes
- A fee of 100.00 Euro has been sent to: Yes

HSBC, 148 High Street, Birmingham B17 9PN, United Kingdom
Iban No: GB55MIDL401113 61580183
BIC (SWIFT CODE): MDLG82119H
Reference: (Your Country name)

NB: Approval will be for a period of 3 years. After that time you will be required to submit a new application.

Date:
Signature:

LIST OF COLPOSCOPY COURSES THAT RECEIVED EFC APPROVAL

Dutch basic and intermediate course

Austria colposcopy course

Germany colposcopy course

Israeli course : Shefaiym, Israel October 2017

Italian course : Ancona, October 2017

Switzerland course : Lausanne, Mars 2018

